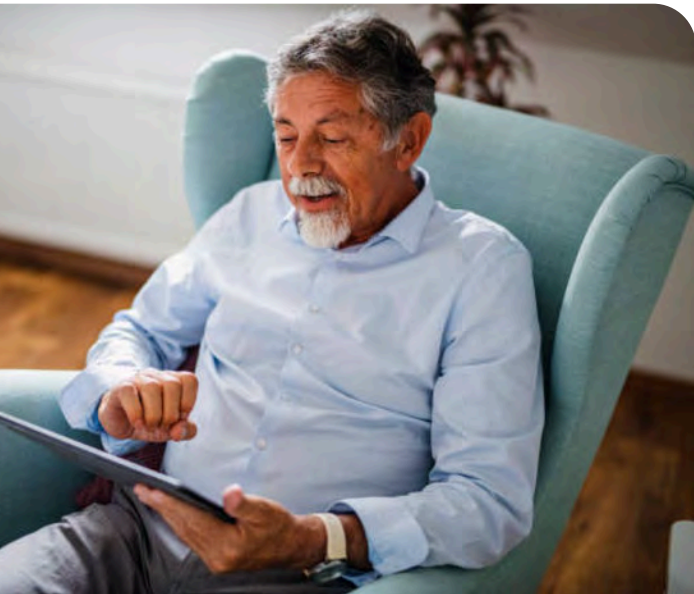




Preoperative & Postoperative Care

Vori Health is a nationwide specialty medical practice offering personalized care and proven relief for back, neck, and joint pain.

When surgery is needed, we help members get back to their lives faster.



Preoperative Care

- Comprehensive evaluation to screen for modifiable risk factors such as body weight, blood sugar level, low vitamin D, sleep apnea, anemia, malnutrition, and smoking
- Behavior and lifestyle modification strategies, nutritional guidance, nutritional support, and prescription medications as needed to improve readiness for surgery
- Preoperative physical therapy to improve pain, strength, and overall fitness prior to surgery

Postoperative Care

- Coordinated physical therapy per established protocols designed in collaboration with member's surgeon
- Comprehensive medical evaluation to address functional goals, mobility, precautions, fall prevention, incision healing, and recovery
- Visual incision inspection and assessment
- Personalized home exercise program focused on mobility, flexibility, and strengthening
- Direct messaging with Care Team

BROUGHT TO YOU BY



vori health

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Member Story

Kathi W.
Sun City, AZ



How Kathi found Vori Health:

Kathi was referred by her back surgeon.

What matters to Kathi:

“Get better safely and enjoy life”

Came to Vori Health for:

Post-operative recovery following a lumbar revision surgery. She had chronic low back pain and a failed surgery in the past.

Support she received:

After her first visit with a Vori physician, Kathy received 9 weeks of biweekly virtual physical therapy to restore her strength and mobility.

What Kathi achieved:

Kathi reduced her pain from an 8/10 to a 1/10, restored mobility, gained strength, and is back to activity.

“After many physical therapy experiences over the past 31 years Vori Health was presented to me as an option by my back surgeon.

My care team listens to me regarding my concerns and issues! I am so appreciative to have their **undivided attention**, rather than being told to "do this" and then the clinician is gone, moving on to the next patient. **This is a much more efficient use of my time.** Any questions that come up during the appointment can be addressed immediately.

This is the first PT I've experienced that provided such "at home" encouragement and support. **I really am grateful for it.”**