



## THERE'S A BETTER WAY

All employee benefits plans strive to contain costs and promote access to high-value care. But a health system's health plan must also factor in the need to drive domestic utilization (a top priority<sup>1</sup>), navigate complex network tiers, and leverage their in-house clinical resources. That calls for a tailored TPA solution from a strategic partner that understands health system health plans like yours.

**Introducing a true specialty TPA designed to meet the demands of health system employee benefits plans.**

**Contigo Health® Sync Health Plan TPA: developed for health systems by healthcare experts.**

Contigo Health, LLC takes a data-driven approach to health plan design and administration centered around the complex needs of health systems.

Contigo Health was born out of the healthcare industry. Seventy percent of its TPA clients are health systems. Contigo Health also has the unique ability to tailor solutions to optimize cost savings for your organization.

Contigo Health has achieved a three-year accreditation from the National Committee for Quality Assurance (NCQA) for our Case Management offering, which is part of our Sync Health Plan TPA. Contigo Health's Case Management has met the rigorous quality standards and adheres to evidence-based practices set forth by NCQA. These practices ensure efficient and cost-effective case management and service delivery.

NCQA is a private, nonprofit organization dedicated to improving health care quality. NCQA accredits and certifies a wide range of health care organizations. It also recognizes clinicians and practices in key areas of performance. NCQA's Healthcare Effectiveness Data and Information Set (HEDIS®) is the most widely used performance measurement tool in health care. NCQA's website ([ncqa.org](https://www.ncqa.org)) contains information to help consumers, employers and others make more-informed health care choices. NCQA can be found online at [ncqa.org](https://www.ncqa.org), on [Twitter @ncqa](https://twitter.com/ncqa), on Facebook at [facebook.com/NCQA.org/](https://facebook.com/NCQA.org/) and on LinkedIn at [linkedin.com/company/ncqa](https://linkedin.com/company/ncqa).



## Delivering what health system benefits plans need most:

### Network Optimization

- Solutions to help drive domestic utilization, fill care gaps, and offer national access to quality care at the right price

### Smart Benefit Design

- Strategies tailored to help drive desired member behavior

### Member Navigation and Medical Management

- Member information accessible through an omni-channel customer experience (CX) platform
- Tailored case and disease management and maternity programs
- Collaboration with your accountable care organization (ACO) and integration of population health programs
- Optimized capabilities via industry-leading right-fit partners

### Robust Measurement and Reporting

- Sync Health Plan Intelligence Powered by Cedar Gate Technologies<sup>2</sup>, an industry-leading analytics platform designed to monitor performance, uncover opportunities for improvement, and drive action

POWERED BY  CEDAR GATE  
TECHNOLOGIES

### Support Every Step of the Way

- Dynamic onboarding with detailed implementation plans, coupled with a dedicated implementation manager and multi-disciplinary subject-matter expert (SME) team

### Enhanced Value to Employees

- Contigo Health<sup>®</sup> Sync Health Plan TPA earns a Health Plan Member Net Promoter Score of 90<sup>3</sup>

## We help you put the pieces together.

Contigo Health brings proven tiered network strategy and solutions designed to fill domestic network gaps and create a national solution that saves money.

- Maximize domestic utilization in Tier One
- Add Tier Two contracts to fill in-area and specialty care gaps
- Give members provider access from coast to coast
- Have a cost-containment solution for out-of-network claims

## Ready to optimize the performance of your health system's employee benefits plan?

Speak with a Contigo Health Sales Advisor today at 330-656-1072 or visit [contigohealth.com](https://contigohealth.com).

**contigohealth**   
/// Sync Health Plan TPA

1. Aon. Aon 2022 Benefits Survey of Hospitals. October 30, 2023.

2. The Cedar Gate Technologies name, logo, and other marks are owned by Cedar Gate Technologies, Inc.

3. Contigo Health, study of TPA users (December 2023).