



/// Centers of Excellence 360

Substance Use Disorder Program™



A SUBSTANCE USE DISORDER (SUD) PROGRAM DESIGNED TO WORK FOR HEALTH SYSTEM EMPLOYEES AND THEIR DEPENDENTS

/// **A comprehensive—and respectful—SUD program for health system employees.**

Health systems like yours now have an innovative and inclusive SUD benefits program designed to work on your employees' terms to help them achieve real results—confidentially, flexibly, and with dignity.

Ten to fifteen percent of healthcare providers (HCPs) will misuse substances at some point in their lives and are five times more likely than the general public to become addicted to prescription drugs. The stigma of SUD and fears of negative professional and personal consequences among HCPs, their colleagues, and families make addressing and treating substance abuse even more challenging.¹

That's why we created a unique SUD treatment program that respects health system employees and their dependents as individuals, removing obstacles to participation and promoting the tools they need for lifelong recovery.

Better for employees. Better for you.

A part of our next generation Contigo Health Centers of Excellence 360™ program, our SUD treatment solution is like nothing else on the market today. Our hybrid, evidence-based model can lead to fewer relapses, healthier and more productive lives, and lower cost.

Employees actively in recovery help employers avoid \$8,175 in turnover, replacement, and healthcare costs each year.²

The annual medical expenditure attributed to a SUD diagnosis for employer-sponsored insurance (ESI) is \$15,640 for each affected untreated enrollee and a staggering \$35.3 billion in the total ESI population.³

What this new SUD program brings to the table is what makes it so unique.

We've introduced a hybrid approach, providing flexible and confidential access to both in-person and virtual in-home treatment. Our member-focused design helps create a better way to treat people—and treat people better—so that your health system employees and their dependents can manage their chronic SUD condition and move toward long-term recovery.

Our SUD program is designed to help:

- // Make it easy for employees, spouses, and other household members to seek and get prompt, professional help.
- // Provide access to needed support discreetly, confidentially, and with minimal disruption.
- // Keep your health system employees and their dependents healthier, happier, and whole.
- // Reduce the high cost associated with underevaluated and untreated employees.
- // Enable employees to enjoy the benefits of remaining engaged in their careers as much as they are able.

We do this through:

Member-tailored programs

Treatment is tailored to the individual, leveraging the expertise of world-renowned Hazelden Betty Ford Foundation and the virtual, in-home care pioneer Lionrock Behavioral Health, Inc.*

Combined virtual and in-person treatment

Our first-of-its-kind hybrid model provides both online and in-person specialized treatment depending on individual needs. This flexibility can help members experience less personal and work-life disruption and offer them the skills needed to recover in their home environments.

An integrated team

Throughout recovery, trained professionals address the members' other medical needs and facilitate access to support they need. The program includes coordinated integration with existing health plan benefits.

Help within one hour, 24/7

Employees and their dependents self-refer to the program. When help is requested, a certified professional can begin triage within an hour or less.

Let us help you establish an optimized addiction treatment plan.

See how to meet your health system's employee needs discreetly and conveniently while also minimizing disruption of their personal and work lives.

Contact your account manager today, or speak with a Contigo Health Sales Advisor at 330-656-1072.



**Scope is dependent on selected product configuration. Subject to Hazelden Betty Ford Foundation or Lionrock Behavioral Health, Inc. contract and provider availability. Hazelden Betty Ford Foundation and Lionrock Behavioral Health, Inc. are independent service providers. Additional terms and conditions apply.*

1. Butler Center for Research. June 1, 2015. "Health Care Professionals: Addiction and Treatment."

2. NORC at the University of Chicago. "New Analysis: Employers Stand to Save an Average of \$8,500 for Supporting Each Employee in Recovery from a Substance Use Disorder."

3. Li, M., Peterson, C., Xu, L., Mikosz, C. A., & Luo, F. January 24, 2023. "Medical Costs of Substance Use Disorders in the US Employer-Sponsored Insurance Population." JAMA Network Open, 6(1).



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