



A SUBSTANCE USE DISORDER (SUD) PROGRAM THAT TREATS PEOPLE LIKE PEOPLE

/// A comprehensive—and respectful— SUD benefits plan

Employers finally have a SUD benefits plan that helps deliver real results for their health plan members who need support, while treating them with the dignity, privacy, and flexibility they deserve.

We know that 1 in 7 Americans report experiencing a substance use disorder (SUD).¹ We also know there's been a 30% increase in substance use overall since the start of the pandemic.² It's statistics like these that made us think and react—react with a revolutionary new SUD treatment program that wraps its arms around people and the family and loved ones affected by this condition.

What this new SUD program brings to the table is what makes it so unique.

Helping plan members escape substance use and enjoy long-term recovery: that's the distinct purpose of the tools and support we offer. Our commitment to confidentiality, diversity, flexibility, and respect elevates the program beyond a better way to treat people—it creates a way to treat people better.

/// Better for members. Better for you.

As part of the next generation of our Contigo Health Centers of Excellence 360™ program, we've launched a game-changing new substance use treatment solution designed to result in fewer relapses and healthier, more productive lives for employees and their dependents.

Helping you get vital lives back on track.

Getting effective help for your employees struggling with substance use could help productivity and hard costs, too.

Workers who are actively in recovery help employers avoid \$8,175 in turnover, replacement, and healthcare costs. The annual attributable medical expenditure of a SUD diagnosis for employer-sponsored insurance was found to be \$15,640 per affected enrollee and a staggering \$35.3 billion in the population.³

Our substance use disorder program is designed to help:

- // Employees, spouses, and other eligible dependents who need it most
- // Make it easy for health plan members to seek and get prompt, professional help
- // Provide access to needed support discreetly and with minimal disruption
- // Keep employees healthier, happier, and whole
- // Reduce the high cost associated with untreated employees
- // Take employee productivity and satisfaction to an all-time high

We do this through:

Member-tailored programs

This program provides access to treatment tailored to the individual. Partners include the world-renowned Hazelden Betty Ford Foundation and the virtual, in-home care pioneer Lionrock Behavioral Health, Inc.

Combined virtual and in-person treatment

This is a first-of-its-kind program that provides both online and in-person treatment depending on individual needs.

An integrated team

Throughout recovery, trained professionals are there to address the member's other medical needs and facilitate access to other benefits.

Flexibility and accessibility

With in-home treatment, health plan members can experience far less disruption in their personal and work lives.

Help that's available within one hour, 24/7

Health plan members self-refer to the program. When help is requested, a certified professional will respond within an hour.

Health plan integration

This program includes coordinated integration with existing health plan benefits, making it easier for health plan members to access the support they need.

It's time to treat people better.

Let's talk about how we can help you establish a substance use disorder program that can introduce access to a better addiction treatment—while treating your health plan members better in the process.

Contact your account manager today, or speak with a Contigo Health Sales Advisor at 330-656-1072.



* Scope is dependent on selected product configuration. Subject to Lionrock Behavioral Health, Inc., or Hazelden Betty Ford Foundation contract and provider availability. Lionrock Behavioral Health, Inc., and Hazelden Betty Ford Foundation are independent service providers. Additional terms and conditions apply.

1. Centers for Disease Control and Prevention. 2022. "Stigma Reduction."

2. Hazelden Betty Ford Foundation. 2021. "Americans Increasing Substance Use to Cope with Mental Strain; Parents at Highest Risk."

3. Li, M., Peterson, C., Xu, L., Mikosz, C. A., & Luo, F. "Medical costs of substance use disorders in the US employer-sponsored insurance population." JAMA Network Open, 6(1). January 24, 2023. <https://doi.org/10.1001/jamanetworkopen.2022.52378>

